## What are the possible side effects?

Some mouthwashes may alter taste or stain your teeth after use.

If you notice any allergic reactions like skin itchiness, face or hand swelling, breathing difficulty, etc., consult your doctor immediately.

### What if I miss a dose?

Use the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose.

Do not double the dose.

#### How to store?

- **1.** Keep out of reach of children.
- **2.** Store in a cool, dry place and away from direct heat and light.

For any queries, please seek advice from your doctor, pharmacist or other healthcare professionals.

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# Mouthwash





劑職系及服務統籌委員會 C-Grade (Pharmaceutical Services)





## What is Mouthwash?

Mouthwash is a medication which exerts its local effect on the mucous membrane in mouth or throat.





#### Indication

Mouthwash is commonly used in

- Gingivitis
- Pharyngitis
- Mucositis



## How does it work?

Depending on the active ingredients contained, mouthwashes can be used for different purposes. Those containing antiseptic help to inhibit the bacterial growth in the oral cavity while those containing analgesic and anti-inflammatory ingredients reduce pain and inflammation of the mouth.

#### How to use?

- **1.** Rinse mouth with water.
- **2.** Use appropriate amount of mouthwash as directed. Some mouthwashes require appropriate dilution with water before use, patient should read and follow the directions as indicated on the drug label.
- **3.** Gargle for a while. The recommended duration may vary among different preparations. Refer to the product instructions or consult pharmacist.



- **4.** Spit out the mouthwash after gargling.
- **5.** Avoid eating, drinking or rinsing your mouth immediately after using the mouthwash.

## Precautions

- **1.** For oral rinsing only. Do not swallow. If you feel unwell after accidental swallowing, please seek medical advice attention immediately.
- **2.** Use the medication as directed by your doctor.
- **3.** If you have history of drug allergy, consult your doctor or pharmacist before using the medication.
- **4.** Discard all medications that have expired or are no longer required.
- **5.** Do not share the medication with other people.
- **6.** Tell your doctor and pharmacist if you are pregnant, planning to become pregnant, or breastfeeding.
- **7.** Mouthwash should not be used for infants.



- **8.** Children under 6 years old should use the mouthwash under supervision due to the risk of swallowing.
- **9.** Please consult your doctor if symptoms persist or worsen after using the medication.